MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 Pulaski Day	**3**	**4** **First Day Tryouts** Only come to one day!!!	**5** **Second Day Tryouts** Only come to one day!!!	**6**	7
8	**9** **First Day Practice.** Practice 2:55-4:15	**10** All Practice 2:55-4:25	**11** **EARLY RELEASE** No Practice	**12** All Practice 2:55-4:20 Hurdles 3:40-4:25	**13**	14
15	**16** All Practice 2:55-4:20 Hurdles 3:40-4:25	**17** **E-Learning Day.** No Practice	**18** All Practice 2:55-4:20 Long Jump 3:40-4:20	**19** All Practice 2:55-4:20 Long Jump 3:40-4:20	**20**	21
22	**23** All Practice 2:55-4:20 Long Jump 3:40-4:20	**24** All Practice 2:55-4:20 Hurdles 3:40-4:20	**25** All Practice 2:55-4:20 High Jump 3:40-4:20	**26** All Practice 2:55-4:20 High Jump 3:40-4:20	**27** **Early Release** No Practice	28
29	**30** **Spring Break** **No Practice** Distance 3.2 easy	**31** **Spring Break** **No Practice** Distance 2 easy	1 **Spring Break** **No Practice** Distance 4.1 easy	2 **Spring Break** **No Practice** Distance 2.5	3 **Spring Break** **No Practice**	4

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 **Spring Break** **No Practice** Distance 3.2 easy	31 **Spring Break** **No Practice** Distance 2 easy	1 **Spring Break** **No Practice** Distance 4.1 easy	2 **Spring Break** **No Practice** Distance 2.5	3 **Spring Break** **No Practice**	4
5 Easter Sunday	6 No School No Practice	7 All Practice 2:55-4:20 High Jump 3:40-4:20 **Uniform Hand Out**	8 All Practice 2:55-4:20 Long Jump 3:40-4:20	9 **Home Meet** 4:30pm Tri Vs AVM & HHH	10	11
12	13 **Home Meet** 4:30pm Vs Channahon & Old Quarry	14 All Practice 2:55-4:20 Long Jump 3:40-4:20	15 **EARLY RELEASE** No Practice	16 **Home Meet** 4:30pm QUAD Barrington, Westview Hills, St Michaels	17	18
19	20 All Practice 2:55-4:20 Long Jump 3:40-4:20	21 All Practice 2:55-4:20 High Jump 3:40-4:20	22 All Practice 2:55-4:20 Hurdles 3:40-4:20	23 **Away Meet** 4:30pm At Brooks with Oak Prairie	24	25
26	27 **Away Meet** 4:30pm VVSD All-Star	28 All Practice 2:55-4:20 Long Jump 3:40-4:20	29 **EARLY RELEASE** No Practice	30 **Home Meet** 4:30pm Tri Richland & Kelvin Grove	1	2

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4 **Away Meet** 4:30pm tri At HHH with Oak Prairie, Gower	5 All Practice 2:55-4:20 High Jump 3:40-4:20	6 All Practice 2:55-4:20 Hurdles 3:40-4:20	7 All Practice 2:55-4:20 High Jump 3:40-4:20	8	9 **Run for Mom Invitational** 10:00-5:00pm Palatine High School Limited Roster
10	11 Practice Sectional Squad Only 2:55-4:20	12 Practice Sectional Squad Only 2:55-4:20	13 **EARLY RELEASE** No Practice	14 Practice Sectional Squad Only 2:55-4:20	15 Mandatory Practice Sectional Squad Only 2:55-4:20	16 **SECTIONALS** This is our most important meet of the year. If you have another sport this day, tell them you cannot attend.
17	18 **UNIFORM TURN-IN PARTY!!!** 2:55-4:20 You must have your uniform to enter.	19 Practice State Team Only 2:55-4:20	20 Practice State Team Only 2:55-4:20	21 Practice State Team Only 2:55-4:20	22 **State Championships** Also **Last Day of School**	23 **State Championships**
24	25 Memorial Day	26	27	28	29	30

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	**1**	**2**	**3**	**4**	**5**	6
7	**8**	**9**	**10**	**11**	**12**	13
14	**15** First day High School Summer Running Camp	**16**	**17**	**18**	**19** Juneteenth	20
21	**22**	**23**	**24**	**25**	**26**	27
28	**29**	**30**	1	2	3	4