

Means you broke your goal

| Name | Goal Time | T-Trial | 19-Aug | 26-Aug | 9-Sep | 11-Sep | 16-Sep | 18-Sep | TROY | 25-Sep |
|---------------------|------------|---------|--------|--------|-------|--------|--------|--------|-------|--------|
| Balas, Joseph | 11:05 | 5:55 | 11:23 | 11:47 | 12:53 | 11:59 | 11:23 | 11:47 | 11:37 | 11:10 |
| Balas, Matthew | 12:30/6:10 | 7:00 | 6:16 | 6:41 | 14:54 | 14:27 | 13:18 | 6:19 | 6:58 | 14:05 |
| Carranza, Katherine | * | 10:00 | * | * | 21:48 | * | 16:41 | 16:42 | 18:43 | 16:04 |
| Cook, Quinn | 13:00 2m | * | 7:54 | 8:05 | * | * | 6:53 | 7:14 | 8:00 | 6:50 |
| Cortez, Maya | 8:00 | * | * | * | * | * | 9:23 | 9:25 | * | 8:35 |
| Cervantez, Chantel | * | * | * | * | 24_43 | * | 8:45 | 9:11 | 10:02 | 9:09 |
| Dmchowski, Justin | * | * | 14:59 | 15:16 | 16:44 | 15:07 | 13:20 | * | 14:35 | 14:50 |
| Dominguez, Lisa | 14:00 | 7:20 | 16:46 | 17:43 | 18:06 | * | * | 16:35 | * | 16:40 |
| Dougin, Jasmine | * | * | * | * | * | * | * | * | * | * |
| Duncan, Christine | * | * | * | * | 8:57 | 20:20 | 19:05 | 20:43 | 20:24 | 18:38 |
| Favor, Jaxxon | 8:35 | 9:05 | 9:31 | 9:01 | 7:53 | 8:13 | 8:08 | 8:49 | 9:31 | 8:00 |
| Flores, Alexis | | 8:50 | 8:39 | 7:55 | 18:01 | 15:50 | 6:52 | 7:02 | 7:26 | 14:51 |
| Frey, Mitchell | 14:00 | 7:40 | 17:43 | 19:36 | 18:10 | 16:34 | 15:42 | 16:04 | 16:34 | 16:00 |
| Gleason, Jakob | 12:50 | 6:35 | 13:21 | * | 14:20 | * | 12:13 | 12:21 | 13:23 | 12:33 |
| Gill, Emily | 7:30 | * | * | * | * | 9:24 | * | * | * | * |
| Hernandez, Paula | 6:45 | * | * | * | 6:37 | 6:57 | * | 6:53 | 6:58 | 13:31 |
| Huerta, Dalia | 8:00 | * | * | 9:26 | 8:54 | * | 7:58 | 8:36 | 9:18 | 8:06 |
| Izzaguire, Nelly | 6:45 | * | * | * | * | * | * | * | 7:19 | 6:33 |
| Jimenez, Miranda | 14:30 | 7:54 | 16:57 | 17:45 | 17:28 | 16:19 | 14:44 | 15:29 | 15:20 | 14:54 |
| Koppel, Elaine | 8:45 | 10:50 | 9:57 | 9:28 | 22:32 | 8:35 | 8:14 | 8:59 | 10:22 | 9:32 |
| Kroll, Andrew | * | 8:01 | 18:22 | 19:35 | * | * | 16:16 | * | * | 7:32 |
| Kure, Dylan | 6:45 | * | * | 8:27 | * | * | 15:41 | 6:59 | 8:08 | 6:49 |
| Lopez, Kim | 15:00 | 9:40 | 9:18 | 8:54 | 21:30 | 8:40 | 8:06 | 8:46 | 9:41 | 7:44 |
| Maluck, Emily | * | 8:55 | 9:13 | 8:30 | * | 7:42 | 7:14 | * | 8:52 | 7:27 |
| Maluck, Lily | 14:30 | 7:45 | 17:05 | 16:59 | 18:26 | 15:57 | * | 15:49 | 16:15 | 15:25 |
| Martin, Thomas | 7:00 | 11:20 | 10:48 | 11:15 | 10:21 | 10:16 | 9:14 | * | * | * |
| Martinez, Lindsay | 10:30 | 11:20 | 11:33 | * | 10:08 | * | * | * | * | * |
| Marquez, Jimena | * | * | * | * | 9:46 | * | 8:05 | * | * | 8:21 |
| Mercado, Ithalo | 13:15 | * | * | 17:09 | 17:24 | 15:49 | 14:07 | 14:50 | 15:15 | 14:13 |
| Morrisette, James | * | 9:27 | * | 8:06 | 7:48 | ** | 7:14 | * | * | 7:20 |
| Nambo, Jennifer | * | * | * | * | * | * | 7:29 | 8:23 | 8:25 | 7:17 |

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| Ng, Cynthia | 6:45 | 7:57 | * | * | 7:04 | * | * | 7:06 | 8:27 | 6:46 |
| Nungary, Mariah | 14:30 | 7:55 | 15:54 | 16:42 | 16:33 | 15:48 | 14:15 | 14:38 | * | 14:44 |
| O'Donnell, Megan | 14:00 | 7:13 | 14:46 | 15:26 | 16:30 | 15:15 | 13:38 | 14:21 | 15:04 | 14:08 |
| Otto, Sean | 8:30 | 9:05 | 9:14 | 9:11 | 8:56 | 8:42 | 8:40 | * | 9:19 | 8:44 |
| Pampuch, Bryce | | * | * | * | * | * | * | * | * | 7:05 |
| Patton, Damia | 17:30 | * | 19:11 | * | | 19:53 | 15:52 | * | * | 18:07 |
| Pavey, Jonah | 7:30 | 9:40 | 9:29 | 8:57 | 18:53 | 8:23 | 6:59 | 7:38 | 8:28 | 7:24 |
| Pena, Rebecca | 8:00 | 10:10 | 10:02 | 10:42 | * | 9:29 | 8:09 | * | * | 8:08 |
| Perogoy, Thomas | * | 11:03 | 10:55 | * | 21_70 | * | * | * | * | * |
| Phillips, Cana | 7:00 | 10:00 | 9:41 | * | 8:02 | 8:16 | 8:07 | * | 9:18 | * |
| Quintana, Nick | 11:55 | 6:20 | 12:29 | 13:37 | 13:01 | 12:34 | 11:59 | 12:10 | 12:49 | 12:01 |
| Rainey, Malik | 6:45 | * | * | 8:24 | * | * | 15:45 | * | 8:34 | 7:33 |
| Reed, Madison | 6:45 | 7:58 | 7:57 | 6:59 | 16:34 | 7:11 | 6:35 | 7:26 | 7:18 | 6:40 |
| Roche, Eleanor | 15:30 | 8:55 | 19:05 | 19:20 | 20:00 | 18:21 | 16:33 | 16:53 | 18:15 | 16:59 |
| Rodriguez, Andrea | in 13:00 | * | 14:49 | 15:38 | 15:37 | * | 13:30 | 14:46 | 14:54 | 14:37 |
| Ruszkowski, Jared | * | 9:59 | 8:19 | 8:43 | 8:20 | 8:30 | 7:59 | 8:43 | | 8:29 |
| Salas, Marina | 14:30 | 7:50 | 17:35 | 18:23 | * | * | 15:53 | 16:09 | 17:15 | 16:43 |
| Scaria, Faith | 14:00 | 7:56 | 8:34 | 8:26 | 21:03 | 8:32 | 7:24 | 8:21 | 8:41 | 7:31 |
| Scott, Kendall | * | * | * | * | 14:40 | * | 13:15 | 13:20 | 14:21 | 13:33 |
| Sternberg, Zach | * | * | * | * | * | * | * | * | * | 6:09 |
| Suydam, Maria | 9:00 | 9:45 | 9:39 | 8:55 | 20:31 | 8:09 | 7:47 | 8:29 | 9:06 | 7:38 |
| Thrower, Jayden | * | 9:28 | 7:51 | 6:46 | * | 7:03 | * | * | * | * |
| Tynan, James | 17:00 | 8:10 | 18:13 | 18:50 | 18:46 | * | 15:33 | 16:45 | 18:37 | 16:22 |
| Villagren, Michelle | 14:30 | * | 16:29 | 17:43 | 16:16 | 15:41 | 14:39 | 14:30 | 14:46 | 13:56 |
| Villiger, Gavin | 12:15 | 6:25 | 12:50 | 13:52 | * | * | 12:12 | 12:38 | 13:15 | * |
| Zavala, Aileen | 14:30 | 7:52 | 15:33 | 16:56 | 16:53 | 16:21 | * | 15:21 | 16:26 | 15:34 |

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