

EVENTS

Sprint Events	Distance	Relays	Field
100m hurdles (girls) 110m hurdles (boys) 100m 200m 400m	400m 800m 1600m	4 x100m 4 x200m 4 x400m	Long Jump High Jump Discus Shot-Put

Order of Events (Home Meet)

100m hurdles (girls)
 110m hurdles (boys)
 100m (girls then boys)
 1600m (girls then boys)

CLASS SPLIT- Girls continue running events while boys begin field events

4x200m relay
 4x100m relay

400m
 200m
 800m
 4x400

CLASS SPLIT- Boys begin running events with the 4x200m relay