

Jane Addams Middle School



Athletic Handbook 2017-18

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630-759-7200 (phone)
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www.vvsd.org/ja

ADMINISTRATIVE TEAM

Teresa Polson, *Principal*

[REDACTED], *Assistant Principal*

Athletic Director
Jason LaBroscian

MISSION STATEMENT

Valley View School District 365U and the Board of Education, in partnership with the diverse community we serve, will maintain a safe environment for students and staff by providing encouragement for engaged learning opportunities that result in continuous improvement for all students.

PHILOSOPHY

- A. The Valley View School District seeks to provide a broad and varied program of interscholastic athletics that will meet the needs and interests of highly skilled students. The administration and the coaching staff are primarily concerned with assisting students in acquiring the educational values inherent in a fine athletic program.
- B. Athletic participation serves as an integral part of a student's educational experience. Experiences through athletics contribute greatly to the knowledge, skills and emotional patterns which the student possesses. It is our belief that through athletics, students are provided the potential for becoming better individuals and citizens.
- C. Participation in athletics is a privilege which carries with it responsibilities to the school, to the team, to the student body, to the community, and to the athletes themselves. In play and in conduct, students in athletics represent all of these groups. Therefore, students are encouraged and motivated to excel within the principles of good sportsmanship and fair play.
- D. The athletic program is administered under the guidelines and jurisdiction of the Illinois Elementary School Association and ultimately by the Administration and Board of Education of the school district.

Organization:

The Illinois Elementary School Association, IESA, will provide the leadership to ensure safe, equitable opportunities so students in our member schools can be enriched by participation in interscholastic activities which promote good sportsmanship, integrity and life skills.

www.iesa.org

OBJECTIVES

- Fostering of enjoyment of competition and instilling respect for self and others
- Providing activities that enhance the player's self-esteem
- Providing an understanding of the rules of sports and how to be a good fan
- Giving the athlete the ability to think as a team member as well as an individual
- Developing personal and socialization skills that will carry over once the player is through with his/her schooling
- Understanding the importance of good physical well-being now, as well as in the future

- Fostering a desire to succeed and to excel
- Improving the moral and ethical standards of the players
- Practicing self-discipline and enriching emotional maturity

OBJECTIVES continued:

- Learning how to be good winners as well as gracious losers
- Showing respect for the rights of others and for authority
- Learning how to make the “right” decisions under pressure

ATHLETIC PROGRAMS

Boys Baseball

Season:

Varsity: beginning of Aug. – beginning of Oct.

JV: beginning of Aug. – middle of Sept.

Girls Softball

Season:

Varsity: end of July – end of Sept.

JV: end of July – middle of Sept.

Cross Country (coed)

Season:

Varsity: beginning of Aug. – middle of Oct.

Boys Soccer

Season:

Varsity: end of Aug. – middle of Oct.

Girls Basketball

Season:

Varsity and JV: end of Aug. – middle of Dec.

Girls Cheerleading

Season:

Varsity and JV: beginning of Oct. – middle of Feb.

Boys Basketball

Season:

Varsity and JV: middle of Oct. – middle of Feb.

Girls Volleyball

Season:

Varsity and JV: end of Nov. – middle of Mar.

Wrestling (coed)

Season:

Varsity: end of Nov. – middle of Mar.

Girls Soccer

Season:

Varsity: middle of Mar. – middle of May

Track (coed)

Season:

Varsity: beginning of Mar. – middle of May

TRYING OUT FOR A SPORT

A variety of interscholastic sports are offered for students who wish to enjoy competition. For those students who would like to participate in the sanctioned sports program, the following requirements apply:

Age:

A student may not be fifteen (15) years of age before August 15 of the current school year in order to participate in conference sports for the upcoming year.

Parental Permission:

Parents must provide written permission to participate on athletic teams that include giving the District a full waiver of responsibility of the risks involved in athletic competition.

Obtain an Athletic Handbook from the coach. Students and parents must read the handbook and sign the agreement page. The agreement page must be returned to the coach before the first game.

Sports Physical:

A physical examination must be conducted by a physician who certifies the students may participate in sports. In addition, all athletes must have a current physical on file to tryout for any athletic team. The physical must have been obtained within the twelve months prior to the first tryout date and remain valid through the length of the sport. *To clarify, no athlete will be allowed to try out for any sports team without a current physical on file with the nurse. The official IHSA/ IESA pre-participation examination form must be completed by a physician and must include the physician's stamp.*

Sports Fee:

Valley View Schools charge a \$60 per sport participation fee which must be paid before the first contest. The maximum amount is \$150.

Insurance:

School Time Insurance Coverage is provided to all students for covered injuries incurred during the hours and days when school is in session and while attending or participating in school sponsored and supervised activities on or off school premises. The coverage includes participation in Interscholastic Sports, including football; summer activities, sponsored and supervised by the school; and field trips, sponsored and supervised by the school. Coverage is provided for traveling to, during, or after such activities as a member of a group in transportation furnished or arranged by the District and traveling directly to or from the

student's home premises and the site of such activities. The Student Accident coverage is Excess coverage; the Student Accident plan is secondary to all other policies. Parents must file a claim with any primary carrier first and provide a copy of the Explanation of Benefits when filing a Student Accident claim.

Insurance continued:

If there is no primary insurance, this coverage will be the primary coverage. Claim forms will be available in each school office. If parents have questions regarding coverage or on filing claims, contact Zevitz, Redfield & Associates, Inc. at (847) 374-0888.

In addition to the provided School Time Coverage, 24-hour unlimited Dental Accident coverage and/or 24-hour Accident coverage is available for purchase. Brochures and applications outlining those programs will be provided at registration and will be available at the school office throughout the school year.

MAINTAINING GOOD STANDING

Academic Performance:

Once an athlete makes the team, it is his/her responsibility to maintain eligibility. Grades will be checked weekly.

In order for a student to participate in a club or sport, he/she must meet the following eligibility requirements:

1. Must maintain a 2.0 year-to-date (YTD) grade-point average (GPA)
2. YTD GPA's are checked at the semester.
3. In addition to the 2.0 YTD GPA, a student may not be failing any class according to the weekly eligibility grade check.

For athletics, students that do not meet the above criteria of 2.0 YTD GPA and no F's may practice but not play in competition until all deficiencies are cured per the weekly check.

According to IESA bylaw 2.043: For all IESA activities, athletic as well as non-athletic, passing work shall be checked weekly to govern eligibility for the following Monday through Saturday.

Students on sporting teams that accumulate three weeks of ineligibility in any sequences will be dropped from that team. This shall not prevent the student from trying out for another sport provided the student meets eligibility requirements at that time.

Behavior:

Unacceptable behavior on or off the playing field may result in immediate dismissal from the sports team.

Students who have served a detention may not be allowed to participate in after school activities, including club meetings, competitions, practices or rehearsals.

CO-CURRICULAR ACTIVITIES ARE NOT JUST CAUSE FOR DETENTION CHANGES.

At Jane Addams, we believe that sportsmanship, attitude, and general good behavior in the classroom and on the field of play are integral parts of any athletic program. Therefore, any athlete may be in jeopardy relative to participation in a sport if these behaviors are not exhibited. An athlete who is on disciplinary suspension is prohibited from participating in practice or games of any co-curricular activity during the period of suspension.

Students will not be permitted to participate in any co-curricular activity if they are not in attendance for a minimum of four classes during that particular school day or if they are on disciplinary suspension, including internal suspension.

ATHLETIC CONCERNS

A. Team Selection:

1. The selection of team members is the responsibility of the coach.
2. The procedures for selecting team members will be announced by the coach prior to making team selections.

B. Dismissal of Team Members:

Coaches may dismiss players from teams without consultation for irregular attendance or disregard of guidelines and procedures set forth by the specific sport activity or in the athletic handbook.

Additionally, athletes may be dismissed from the team for possession or use of alcohol, drugs, or tobacco in or out of school.

C. Athletes Changing Sports in Season:

No athlete removed from or who removes himself/herself from an athletic team will be permitted to begin practices in another sport until the final contest has been played by the team on which he/she was involved, unless special permission to do so has been granted, in writing by the head coaches of the two sports involved and the athletic director.

D. Transportation:

All team members must leave and return with the team when school transportation has been provided, unless an arrangement with the coach has been made ahead of time. Team members will be allowed to travel home with their **OWN** parents if the coach agrees and only after the parents have signed the athlete out with the coach. After an athletic contest, all athletes should be picked up within fifteen minutes of the conclusion of the contest. If the athlete is chronically being picked up late after practices and/or games, he/she may be removed from the team. *Coaches are not allowed to transport athletes.*

E. Uniforms and Equipment:

Students participating in athletics are responsible for the return of all uniforms and equipment issued to them. They are expected to keep the uniforms and equipment clean and in good repair. Damage or loss of the issued uniform or equipment will result in charges to the athlete for replacement or repair. Until all uniforms and equipment have been returned or paid for, athletes will not receive awards and will not be allowed to further participate in the athletic program. All uniforms must be returned to the coach within ONE week of final competition.

Uniforms numbers and equipment will be filled out on the equipment form. The form will be signed by the athlete and his/her parent and returned to the coach.

F. Injuries:

Involvement in any sport incurs a natural risk for injury. Parents assume all responsibility for medical treatment necessary as a result of injury.

All injuries, no matter how minor in nature, should be reported to the team's Coach immediately. This will help to prevent minor injuries from getting worse. If an athlete must see a physician for an injury, the athlete will not be allowed to resume practicing or competing without the physician's consent.

Following an injury, the athlete must assist the team Coach in completing an "Accident Incident Report". This will be very helpful in settling insurance claims.

Please note: If an athlete is not participating in PE for any reason, he/she may not participate in athletic practices or contests until participation in PE resumes.

G. Lockers:

Each student is assigned a hall locker and a gym locker for storage of hats, coats, boots, and school related materials. Gym locks are assigned by physical education staff. No other locks are to be utilized on either hall or gym lockers.

All students shall be subject to the following provisions:

1. For the safety and welfare of the students, ownership of the locker is maintained by the school district, and the students are granted a limited use of the locker solely in accordance with this policy. Each student will have his/her combination on file in the office.
2. The school district reserves the right to conduct periodic inspections of lockers to ensure that illegal, unsanitary, or otherwise harmful things are not placed in them. The District also reserves the right to request assistance from law enforcement officials to conduct reasonable searches of lockers for illegal drugs, including searches conducted through use of specially trained dogs, pursuant to 105ILCS5/10-22.00. This section constitutes "Prior Notice" of the locker search procedures.
3. Students should always check that their locker is locked. Do not give out locker combinations. If you have any trouble with your locker, report the problem to the office. Students are not allowed to share lockers.
4. Students are responsible for their own belongings. Do not tamper with another student's locker or anyone else's locker.
5. The school cannot be responsible for reimbursements of a student's missing possessions.
6. In accordance with Board Policy 7:140, search and seizure procedures will be followed.
7. Disciplinary action from the violation of this locker policy and such other rules adopted about lockers is specified in the middle school discipline program.

H. Valuables:

Students are not to bring large amounts of money, radios, electronic games, communication devices, tape recorders, cameras, skateboards, roller skates, balloons, any current fads, or novelties to school. If a student wears glasses or a watch, he/she is responsible for them at all times. The student, not the school, is responsible for all personal property and other items in his/her possession. Valuables must not be kept in hall or P.E. lockers.

The school is not responsible for missing items including textbooks and school materials.

attending further games, matches, events, or assembly programs. Depending upon the misbehavior, further disciplinary action may be taken.

8. Above all else all spectators are expected to:

- Be Respectful**
- Be Responsible**
- Reach for Excellence**

DISTRICT 365U SPECTATOR CODE OF CONDUCT

Good sportsmanship is a critical part of school athletics. We encourage you to cheer for your team and have fun representing your school and community. Remember, admission to observe a contest is a privilege, not a license to display offensive behavior. With that in mind, we ask fans to abide by the following guidelines:

- Be respectful of others - coaches, players, officials and other fans.
- Cheer positively
- Display good sportsmanship
- Refrain from entering the playing area

Valley View School District 365U Board Policy (8:40) states the following:

Any person, including adults, who behaves in an unsportsmanlike manner during an athletic or extracurricular event may be ejected from the event the person is attending and/or denied admission to school events for up to a year after a Board of Education hearing.

Examples of unsportsmanlike conduct include:

- Using vulgar or obscene language;
- Possessing of being under the influence of any alcoholic beverage or illegal substance;
- Possessing a weapon;
- Fighting or otherwise striking or threatening another person;
- Failing to obey the instructions of a security officer or school district employee; and
- Engaging in any activity, which is illegal or disruptive.

WHAT ATHLETES EXPECT OF COACHES . . .

- Smile, laugh and show us you enjoy being with us.
- Listen! We mean really listen to us when we talk. Focus on us and listen to our concerns.
- Help us feel valued, valued as a part of the team and as a person.
- Praise us when we deserve it. Criticize us in a way we can learn. Reward our hard work and effort, not just our performance. Guide us, don't bully us.
- Get to know us as people. Try to develop a relationship with us beyond who we are as athletes.
- Ask about me. Show me you care.
- Set rules and explain them to us. Enforce the rules consistently. Don't let people slide just because they are good. Have rules for athletes, not rules for the good athletes and rules for all the others.
- If you don't enforce them consistently and fairly, how can we respect you? the rules? or the program?

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- Please don't criticize me in public. Don't embarrass or humiliate me in front of friends or teammates. You wouldn't like it if it were done to you. When you do yell or criticize us, tell us why. Explain what we did and how you want us to do things differently.
- Teach, don't preach. Tell, don't yell. Explain, don't complain.
- Push us to be better, to improve.
- Respect us as human beings. We know we are not your equal, but please treat us fairly and with dignity and respect. You are models for us and much of what we learn, we learn from you.
- Help us build confidence in ourselves. Be tough, but show compassion.

WHAT COACHES EXPECT OF ATHLETES . . .

- Bring a positive attitude with you to practice or the game each and every day of the season; from beginning to end.
- Realize that by human nature all individuals have an inflated, biased opinion of their abilities, talents, skills and knowledge of the game. This includes Coaches. Realize that "we" are never quite as good as "we" think "we" are, and "we" all can improve. Regardless of your level, work to improve.
- Treat this extracurricular activity exactly the same as a day-time class; be on time, be properly prepared, pay attention, ask questions, and do your "homework".
- Be honest with yourself. You have voluntarily chosen to participate in my athletic activity because this is something YOU honestly want to do. Don't participate because the primary reason is someone else's desire; parent, girlfriend/boyfriend, brother/sister, etc. This was your choice.
- Time is precious. Our practice time centers upon "quantity of time". The longer it takes to complete our daily objective takes me away from my family and other personal commitments just like you.
- Besides representing this community, this school, this program, your parents, and yourself,
- YOU represent me; the Coach. Negative, as well as positive actions, behavior, comments, dress, effort and performance by you the athlete reflect upon both of us. Eliminate the negative, focus and promote the positive.
- Treat everyone with respect. This includes everyone; teammates, managers, Coaches, scorekeepers, officials, umpires, bus drivers, and most of all, our opponents! Like you, everyone else is attempting to do their very best: respect that effort!
- Support others! Attend extracurricular activities other than those you participate in, and support the effort, talent and ability of other students of your school.
- Have courage to make your own decisions. Sometimes others use negative influences upon you bringing you and your dreams "down to their level". Have courage to be your own person.
- If you have a specific concern with the team/program, then come and see me. Let's talk at some convenient time for both of us; before school, after practice, between class or at a scheduled time. This may include questions about playing time, position, eligibility, etc. If your parent(s) or guardian(s) have a specific concern, then please have them contact me. Resolution can only be accomplished when all parties involved **communicate** in a timely, positive manner.
- Sports are a privilege. Treat it as such. Work hard both on the field and at school.

PARENTS: SUPPORT YOUR CHILDREN!

- Make sure your children know that win or lose, you love them. Let them know that you appreciate their efforts and that you won't be disappointed in them if they fail. Be the person in their life they can always look to for support.
- Try to be completely honest with yourself about your children's athletic ability, their competitive attitude, their sportsmanship, and their level of skill.
- Be helpful, but don't coach your children on the way to the game or at the breakfast table. Think how tough it must be on them to be continually inundated with advice, pep talks, and criticism.
- Teach your children to enjoy the thrill of competition, to be "out there trying," to be consistently working to improve their skills, to take the physical bumps and come back for more. Don't tell them that winning doesn't count because it does and they know it. Instead, help them to develop a healthy competitive attitude, a "feel" for competing, for trying hard, for having a good time.
- Try not to live your life through your children.
- Don't compete with your children's Coach.
- Don't compare your children with the other players on the team - at least not within their hearing.
- A Coach can be very influential and you should know what their values are so that you can decide whether or not you want them passed on to your children.
- Remember that children tend to exaggerate, when they are praised and when they criticized. Temper your reactions to the stories your children bring home from the game or practice. Don't criticize them for exaggerating, but don't overreact to the stories they tell you.
- Teach your children the meaning of courage.
- Help them be on time with the proper equipment. Help them plan their time so they can better manage their sport and school responsibilities.

Admission for Home Games

Indoor sports only:

(girls basketball, boys basketball, volleyball, wrestling, cheerleading)

Children up to 5 th Grade	Free
Students (6 th to 8 th Grade)	Free with ID \$1.00 without ID
High School Students	\$1.00 with ID \$2.00 without ID
Adults	\$2.00
Senior Citizen	free

***** Ask your coach or the Athletic Director about our Family Pass for district sporting events. (see page 14).

The family pass can only be used at Valley View Middle Schools during the regular season. VV schools include: JAMS, HHH, Brooks, JLL, AVM

Passes may NOT be used at tournaments, post season or state series competitions. (ie: Regionals, Sectionals)

Family Pass: *Indoor sports only:*

Family Passes are offered for Valley View District Middle Schools for \$25. This entitles all family members to get in to all regular season (indoor) games in Valley View middle schools. If you are interested, please fill out the bottom and return to Mrs. Wright. If paying by check make the check out to Jane Addams Middle School. **The pass does not include post season or tournament games, or state series games.**

Thank you.

Family Name _____

Player's Name _____

Sport _____

Jane Addams Middle School



Athletic Handbook 2017-2018

We have carefully read the guidelines set forth in the Jane Addams Middle School Athletic Handbook. We (parent/ guardian and athlete) understand that failure to meet the requirements stated in the handbook may result in loss of opportunities to continue as a member of the Jane Addams Athletic Program.

Athlete Name (printed)

Student ID #

Athlete Signature

Date

Parent Signature

Date

Parent Email

Parent Contact #

*** Please sign and return to your coach!**